

PIPES IN THE VALLEY

(North American Highlander Association, Inc. Membership Required of all Competitors)
(Membership Cards may be purchased at contest)

PROMOTER: KATE MASON
DATE: SEPTEMBER 25TH, 2010
TIME: 11:00AM
LOCATION: MORTENSEN'S RIVER FRONT PLAZA
HARTFORD, CT
HOTEL: SHERATON HARTFORD HOTEL
100 EAST RIVER DRIVE
EAST HARTFORD, CT
\$79/NIGHT (BOOK BY 9/24)
WEIGH-INS: 10:00AM
RULES: 10:30AM
DIVISIONS: LW (200 AND BELOW), MW (201 LB.-250 LB.), HW (251 LB. AND ABOVE), MASTER,
WOMEN

EVENTS:

1. STONE PRESS MEDLEY (3 STONES, FOR TIME)
2. HEAVY WEIGHT FOR DISTANCE - LW, MW, HW, 56#, MASTER 42#, WOMEN 28#
3. SHIELD CARRY - LW, MW, HW MASTER, 300#, WOMEN 150#
4. WEIGHT FOR HEIGHT - LW, MW, HW 56#, MASTER 42#, WOMEN 28#

EVENTS SUBJECT TO CHANGE WITHOUT NOTICE - (EVENT DETAILS BELOW)

AWARDS: CUSTOM AWARDS FOR 1ST IN EACH DIVISION
ENTRY FEES: \$20.00
ENTRY DEADLINE: MUST BE POSTMARKED BY SEPTEMBER 15TH, 2010

MAKE ALL CHECKS PAYABLE TO: KATHERINE MASON
21 WILTON AVE
NORWALK, CT 06851
EMAIL/PHONE NUMBER:
KATHERINE.MASON@SIKORSKY.COM
203-887-4576

ENTRY FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the **Pipes in the Valley**, D.J. Satterfield, Richard Vincent, North American Highlander Association, Inc., any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the **Pipes in the valley** and its related events, I hereby grant **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

NAME: _____ **AGE:** _____
ADDRESS: _____ **CITY:** _____
STATE: _____ **ZIP:** _____ **PHONE:** _____ **DATE OF BIRTH:** _____
DIVISION: _____ **WEIGHT:** _____ **HT:** _____
SIGNATURE: _____
(PARENT OR GUARDIAN SIGNATURE REQUIRED IF CONTESTANT IS UNDER 18 YEARS OF AGE)

NORTH AMERICAN HIGHLANDER ASSOCIATION, INC.

WWW.NAHIGHLANDER.COM

EVENTS AND RULES:

STONE PRESS MEDLEY

Competitors will have 90 sec. to complete all lifts. Natural stones will be used. Weight belt allowed but no build-up (towel, etc.) of belt allowed. Competitors will get unlimited attempts within the time allowed. Competitors must pick up the stones from the ground. Wait for the down command to receive a good lift. They must complete the stones in order. If the competitor does not lift all of the stones, they will be scored using the time it took them to complete their last successful stone. Chalk only allowed.

LW, MW, MASTERS, WOMEN	3 STONES OF INCREASING WEIGHT
HW	4 STONES OF INCREASING WEIGHT

SHIELD CARRY

The shield must be picked up from the ground. Competitors will have 90 sec. to carry the shield 100'. Multiple drops allowed. Both competitors' feet must cross the finish line. Fastest time wins. If the 100' course is not finished, a measurement will be taken for your score. Chalk only allowed.

LW, MASTER	300#
MW	300#
HW	300#
WOMEN	150#

WEIGHT FOR DISTANCE

Competitor will get three attempts to throw the implement. The farthest throw will be scored.

LW, MW, HW,	56#
MASTER	42#
WOMEN	28#

WEIGHT FOR HEIGHT

Competitor will get three attempts at each height attempted to throw the implement over the bar. The highest throw over the bar will be scored.

LW, MW, HW,	56#
MASTER	42#
WOMEN	28#