

# 2012 NAHA Battle in the Desert

(North American Highlander Association, Inc. Membership Required of all Competitors)  
(Membership Cards may be purchased at contest)

**PROMOTER:** JAKE SULLIVAN  
**DATE:** 3/3/12  
**TIME:** 9:00 A.M.  
**LOCATION:** MESA TIERRA NUMBER THREE SUBDIVISION MINI-PARK  
EAST OF GILBERT RD ON E JACINTO AVE (JUST BEHIND/NORTH OF GOLDS GYM)  
**WEIGH-INS:** FRI. 5 P.M. – 7 P.M, CONTEST LOCATION  
SAT. 7 A.M. – 8 A.M. CONTEST LOCATION  
**RULES:** 8:30 A.M.  
**DIVISIONS:** LW(200 AND BELOW), MW(201 LB.-250 LB.), HW(251 LB. AND ABOVE), MASTER,  
WOMEN

## EVENTS:

1. **LOG PRESS** – LW & MASTER 185#, MW & HW 225#, WOMEN 135#
2. **KEG CARRY** – LW & MASTER 200#, MW & HW 250#, WOMEN 150#
3. **YOKE MEDLEY** – LW & MASTER 300/550/45/180#, MW 400/550/100/290#, HW 500/850/100/380# WOMEN 200/450/45/90
4. **WEIGHT FOR DISTANCE** – LW & MASTER 42#, HW & MW 56#, WOMEN 28#
5. **OPEN STONE** – LW, MW, HW & MASTER 16#, WOMEN 10#
6. **WEIGHT OVER BAR** – LW & MASTER 42#, MW & HW 56#, WOMEN 28#

EVENTS/WEIGHTS SUBJECT TO CHANGE WITHOUT NOTICE

**AWARDS:** CUSTOM AWARDS FOR 1<sup>ST</sup>- 3<sup>RD</sup> IN EACH DIVISION  
**ENTRY FEES:** \$40 IF RECEIVED BEFORE 2/18/12. \$50 IF RECEIVED AFTER. NAHA MEMBERSHIP  
REQUIRED TO COMPETE, CAN BE PURCHASED AT CONTEST OR WITH ENTRY FOR \$25)  
  
PORTION OF PROCEEDS WILL GO TO BENEFIT THE WOUNDED WARRIOR PROJECT.  
ADDITIONAL DONATIONS ARE WELCOME AND CAN BE ADDED TO INCLUDE WITH FINAL  
DONATION.

**MAKE ALL CHECKS PAYABLE TO:** JAKE SULLIVAN  
442 N CALLE LARGO  
MESA, AZ 85207  
EMAIL/PHONE NUMBER:  
JSULLYNAHA@YAHOO.COM  
480-650-9333

## ENTRY FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the 2012 NAHA Battle in the Desert, D.J. Satterfield, Richard Vincent, North American Highlander Association, Inc., any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the 2012 NAHA Battle in the Desert and its related events, I hereby grant North American Highlander Association, Inc. and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate North American Highlander Association, Inc. and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that North American Highlander Association, Inc. and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to North American Highlander Association, Inc. and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

**NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_  
**ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_  
**STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_ **DATE OF BIRTH:** \_\_\_\_\_  
**DIVISION:** \_\_\_\_\_ **WEIGHT:** \_\_\_\_\_ **HT:** \_\_\_\_\_  
**EMAIL:** \_\_\_\_\_ **SHIRT SIZE (CIRCLE ONE)** L / XL / 2XL / 3XL  
**SIGNATURE:** \_\_\_\_\_  
(PARENT OR GUARDIAN SIGNATURE REQUIRED IF CONTESTANT IS UNDER 18 YEARS OF AGE)

**NORTH AMERICAN HIGHLANDER ASSOCIATION, INC.**

[WWW.NAHIGHLANDER.COM](http://WWW.NAHIGHLANDER.COM)

## EVENTS AND RULES:

### **LOG PRESS**

Competitors will have 60 sec. to complete as any reps as possible. Competitors must lock out every rep and wait for a down command. Must not drop log. Must clean each rep. Chalk and belt allowed.

LW, MASTER	185#
MW, HW	225#
WOMEN	135#

### **KEG CARRY**

Competitors will have 90 sec. to carry the keg as far as possible. Once the athlete has picked up the keg, the turn is over when the keg touches the ground. Chalk and belt allowed.

LW, MASTER	200#
MW, HW	250#
WOMEN	150#

### **YOKE MEDLEY/METCON**

Competitors will have 2 minutes to complete the course. Course length is 20m (65ft) each way. If course is not completed within 2 minutes, a measurement will be taken of the unfinished portion. The athlete will carry a yoke for one pass, flip a tire for the next pass, carry a weight plate in each hand (similar to farmers walk) and load onto a sled for the third pas and finish the 4<sup>th</sup> pass by pushing the sled across the finish line. Chalk and belt allowed.

LW, MASTER	300/550/45/180#
MW	400/550/100/290#
HW	500/830/100/380#
WOMEN	200/450/45/90#

### **WEIGHT FOR DISTANCE**

Competitor will get three attempts to throw the implement. The farthest throw will be scored. Chalk/glove allowed.

LW, MASTER	42#
HW, MW	56#
WOMAN	28#

### **OPEN STONE**

Competitor will get three attempts to put the stone. Approach permitted. The farthest put will be scored. Chalk allowed.

LW, MW, HW, MASTER	16#
WOMEN	10#

### **WEIGHT FOR HEIGHT**

Competitor will get three TOTAL attempts to throw the implement over the bar. The highest throw over the bar will be scored. Chalk/belt/glove allowed.

MW, HW	56#
LW, MASTER	42#
WOMEN	28#

### **EXTRA EVENT FOR CASH PRIZE = KEG FOR DISTANCE (EMPTY)**

\$8 buy in. Half of pot will go towards Wounded Warrior Project donation. Half of pot will be split between the top 3 winners. Approach permitted. Glove/chalk allowed. Competitor will get three attempts, farthest throw will be scored.