

WOODHAVEN HIGHLANDER HEAVY EVENTS

(North American Highlander Association, Inc. Membership Required of all Competitors)

PROMOTER: KEN CRUM
DATE: JUNE 5, 2010
TIME: 12:00P.M.
LOCATION: WOODHAVEN CIVIC CENTER PARK
21869 WEST ROAD
WOODHAVEN, MI 48183
HOTEL: HOLIDAY INN EXPRESS 21500 WEST RD.
WOODHAVEN, MI 48183 734-676-8000
BEST WESTERN 21700 WEST RD.
WOODHAVEN, MI 48183 734-362-0993
WEIGH-INS: EVENT LOCATION 6PM-8PM FRIDAY; 10AM-12PM SATURDAY
DIVISIONS: LW(200 AND BELOW), MW(201 LB.-250LB.), HW(251 LB. AND ABOVE), MASTER

EVENTS:

1. **KEG PRESS FOR REPS** — LW & MASTER 120#, MW 140#, HW 180#
2. **BRAEMAR STONE** — LW, MW, HW, MASTER 22#
3. **CABER** CABERS WILL BE DETERMINED AT EVENT
4. **STONES** — LW & MASTER 100# - 200#, MW 150# - 250#, HW 150# - 275#
5. **FARMERS WALK 150' TURN AT 75'** - LW, MASTER 200#, MW 220#, HW 250#
6. **WEIGHT FOR HEIGHT** — LW & MASTER 42#, MW & HW 56#

EVENTS SUBJECT TO CHANGE WITHOUT NOTICE - (EVENT DETAILS BELOW)

AWARDS: CUSTOM AWARDS FOR 1ST- 3RD IN EACH DIVISION
ENTRY FEES: \$0, YOU JUST NEED A CURRENT NAHA CARD(\$25)
ENTRY DEADLINE: MUST BE POSTMARKED BY MAY 29, 2010

MAKE ALL CHECKS PAYABLE TO: KEN CRUM
3505 BRIDGE
TRENTON, MI 48183
EMAIL/PHONE NUMBER:
CRUM244@YAHOO.COM
734-771-7377

ENTRY FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the Woodhaven Highlander Heavy Events, D.J. Satterfield, Richard Vincent, North American Highlander Association, Inc., any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the Woodhaven Highlander Heavy Events and its related events, I hereby grant **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

NAME: _____ **AGE:** _____
ADDRESS: _____ **CITY:** _____
STATE: _____ **ZIP:** _____ **PHONE:** _____ **DATE OF BIRTH:** _____
DIVISION: _____ **WEIGHT:** _____ **HT:** _____

SIGNATURE: _____
(PARENT OR GUARDIAN SIGNATURE REQUIRED IF CONTESTANT IS UNDER 18 YEARS OF AGE)

NORTH AMERICAN HIGHLANDER ASSOCIATION, INC.

WWW.NAHIGHLANDER.COM

EVENTS AND RULES:

KEG PRESS FOR REPS

Keg must be cleaned and pressed for reps. Cleaned each time. 60 second time limit.

LW, MASTER	120#
MW	140#
HW	180#

BRAEMAR STONE

Competitor will get three attempts to put the stone. The farthest put will be scored.

LW, MW, HW, MASTER	22#
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STONES

Five stones of varying weights must be lifted up and over bar at 42 " height. Stones will be odd shaped landscaping boulders (not Atlas stones). Stone weights will vary from 100 pounds approximate to 275 pounds approximate. 75 second time limit.

LW, MASTER	100# - 200# approx.
MW	150# - 250# approx.
HW	150# - 275# approx.

CABER TOSS

LW, MW, HW, MASTER	TBD
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FARMERS CARRY 150' w/ turn

Competitors will have 60 sec. to carry the farmers down 75' make the turn and 75' back. Total length of course will be 150'. Both implements must completely cross the finish line. Multiple drops allowed.

Fastest time wins. If the course is not finished, a measurement will be taken for your score. Chalk only allowed.

LW, MASTER	200#
MW	220#
HW	250#

WEIGHT FOR HEIGHT

Competitor will get three attempts at each height attempted to throw the implement over the bar. The highest throw over the bar will be scored.

LW, MASTER	42#
MW, HW	56#