

# TRENTON SCARECROW FESTIVAL

## HEAVY EVENTS

(North American Highlander Association, Inc. Membership Required of all Competitors)

**PROMOTER:** KEN CRUM  
**DATE:** OCTOBER 2, 2010  
**TIME:** 12:00 A.M.  
**LOCATION:** 27600 WEST JEFFERSON  
TRENTON, MI 48183  
**HOTEL:** HOLIDAY INN EXPRESS 21500 WEST ROAD, WOODHAVEN, MI 48183 (734) 676-8000  
BEST WESTERN 21700 WEST ROAD, WOODHAVEN, MI 48183 (734) 362-0993  
**WEIGH-INS:** FRI. 6 P.M.-8 P.M. CONTEST LOCATION AND  
SAT. 11:00 A.M.-12:00 A.M. CONTEST LOCATION  
**RULES:** 11:30 A.M.  
**DIVISIONS:** LW(200 AND BELOW), MW(201 LB.-250 LB.), HW(251 LB. AND ABOVE), MASTER,

### EVENTS:

1. **BRAEMAR STONE** - LW, MW, HW, MASTER 22#
  2. **DEADLIFT FOR REPS** - LW & MASTER 350#, MW 400#, HW 450#
  3. **WEIGHT FOR HEIGHT** - LW & MASTER 42#, MW & HW 56#, WOMEN 28#
  4. **FARMERS WALK 100' TURN AT 50'** - LW, MASTER 200#, MW 220#, HW 250#
  5. **CABER TOSS** - TO BE ANNOUNCED
  6. **KEG LOADING MEDLEY** - LW & MASTER 150# - 225#, MW 175# - 250#, HW 200# - 275#
- EVENTS SUBJECT TO CHANGE WITHOUT NOTICE - (EVENT DETAILS BELOW)

**AWARDS:** CUSTOM AWARDS FOR 1<sup>ST</sup>- 3<sup>RD</sup> IN EACH DIVISION  
**ENTRY FEES:** FREE (MUST HAVE A CURRENT NAHA MEMBERSHIP CARD \$25)  
**ENTRY DEADLINE:** MUST BE POSTMARKED BY SEPTEMBER 24, 2010

**MAKE ALL CHECKS PAYABLE TO:** KEN CRUM  
3505 BRIDGE  
TRENTON, MI 48183  
EMAIL/PHONE NUMBER:  
[CRUM244@YAHOO.COM](mailto:CRUM244@YAHOO.COM)  
(734) 771-7377

### ENTRY FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the Trenton Scarecrow Festival Heavy Events, Ken Crum, D.J. Satterfield, Richard Vincent, North American Highlander Association, Inc., any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the Trenton Scarecrow Festival Heavy Events and its related events, I hereby grant **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

**NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_  
**ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_  
**STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_ **DATE OF BIRTH:** \_\_\_\_\_  
**DIVISION:** \_\_\_\_\_ **WEIGHT:** \_\_\_\_\_ **HT:** \_\_\_\_\_  
**SIGNATURE:** \_\_\_\_\_  
(PARENT OR GUARDIAN SIGNATURE REQUIRED IF CONTESTANT IS UNDER 18 YEARS OF AGE)

**NORTH AMERICAN HIGHLANDER ASSOCIATION, INC.**

[WWW.NAHIGHLANDER.COM](http://WWW.NAHIGHLANDER.COM)

## EVENTS AND RULES:

### **BRAEMAR STONE**

Competitor will get three attempts to put the stone. The farthest put will be scored.

LW, MW, HW, MASTER 22#

### **DEADLIFT FOR REPS**

Competitor will get 60 seconds to complete as many reps as possible. You must only clean the log once.

LW & MASTER 350#

MW 400#

HW 450#

### **WEIGHT FOR HEIGHT**

Competitor will get three attempts at each height attempted to throw the implement over the bar. The highest throw over the bar will be scored.

LW & MASTER 42#

MW & HW 56#

### **FARMERS CARRY 100' w/ turn at 50'**

Competitors will have 60 sec. to carry the farmers down 50' make the turn and 50' back. Total length of course will be 100'. Both implements must completely cross the finish line. Multiple drops allowed.

Fastest time wins. If the course is not finished, a measurement will be taken for your score. Chalk only allowed.

LW, MASTER 200#

MW 220#

HW 250#

### **CABER TOSS**

Caber must be picked up by competitor and tossed. Each turn will be judged by standard highland games rules i.e. turns or degrees. Each competitor will be given three attempts.

LW, MW, HW, MASTER To be announced

### **KEG LOADING MEDLEY**

Competitors will have 60 sec. to load 5 kegs on to 46" platform (flatbed tow truck). Gorilla grip, chalk and belt allowed.

LW, MASTER 150# - 225#

MW 175# - 250#

HW 200# - 275#