

# NORTH AMERICAN HIGHLANDER ASSOCIATION NATIONALS

(North American Highlander Association, Inc. Membership Required of all Competitors)

**PROMOTER:** D.J. SATTERFIELD/RICHARD VINCENT  
**DATE:** JULY 31, 2010  
**TIME:** 11:00 A.M.  
**LOCATION:** AMERICAN LEGION POST #32  
230 W. LINCOLN RD. PAPILLION, NE 68046  
(JUST OUTSIDE OF OMAHA, NE)  
**HOTEL:** MICROTEL INN & SUITES, 3008 SAMSON WAY, BELLEVUE, NE 68123  
402-292-0191 (\$58 PER NIGHT SINGLE, \$65 PER NIGHT DOUBLE,  
ASK FOR NAHA NATIONALS TO RECEIVE THESE RATES)  
**WEIGH-INS:** FRI. 6 P.M.-8 P.M. CONTEST HOTEL  
SAT. 9:00 A.M.-10:00 A.M. CONTEST LOCATION  
**RULES:** 10:30 A.M.  
**DIVISIONS:** LW(200 AND BELOW), MW(201 LB.-250 LB.), HW(251 LB. AND ABOVE), MASTER,  
WOMEN

## EVENTS:

1. BRAEMAR STONE - LW, MW, HW, MASTER 24#, WOMEN 16#
2. AXLE PRESS FOR REPS - MASTER 200# LW 220# MW 240# HW 260# WOMEN 105#
3. WEIGHT FOR DISTANCE - LW, MW, HW, MASTER 28#, WOMEN 16"
4. TIRE FLIP - LW, MASTER 500#, MW & HW 600#, WOMEN 300#
5. WEIGHT FOR HEIGHT - LW, MASTER 42#, MW & HW 56#, WOMEN 28#
6. KEG CARRY/LOAD - LW & MASTER 200# - 250# TO 48", MW & HW 250# - 290# TO 48",  
WOMEN 100# - 150# TO 45"

EVENTS SUBJECT TO CHANGE WITHOUT NOTICE - (EVENT DETAILS BELOW)

**AWARDS:** CUSTOM AWARDS 1<sup>ST</sup>-3<sup>RD</sup> & PRIZE MONEY 1<sup>ST</sup> \$120, 2<sup>ND</sup> \$70, 3<sup>RD</sup> \$50 FOR EACH  
DIVISION  
**ENTRY FEES:** \$50  
**ENTRY DEADLINE:** MUST BE POSTMARKED BY JULY 17, 2010

**MAKE ALL CHECKS PAYABLE TO:** NAHA, INC.  
821 SOUTH WASHINGTON ST.  
PAPILLION, NE 68046  
EMAIL/PHONE NUMBER:  
[DJ@NAHIGHLANDER.COM](mailto:DJ@NAHIGHLANDER.COM)  
HOME 402-592-1243 CELL 402-651-9613

## ENTRY FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the North American Highlander Association Inc. Nationals, D.J. Satterfield, Richard Vincent, North American Highlander Association, Inc., City of Papillion, American Legion Post #32, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the North American Highlander Association Inc. Nationals and its related events, I hereby grant **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

**NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_  
**ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_  
**STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_ **DATE OF BIRTH:** \_\_\_\_\_  
**DIVISION:** \_\_\_\_\_ **WEIGHT:** \_\_\_\_\_ **HT:** \_\_\_\_\_ **T-SHIRT:** S M L XL 2X 3X

**SIGNATURE:** \_\_\_\_\_  
(PARENT OR GUARDIAN SIGNATURE REQUIRED IF CONTESTANT IS UNDER 18 YEARS OF AGE)

NORTH AMERICAN HIGHLANDER ASSOCIATION, INC.

**EVENTS AND RULES:**

**BRAEMAR STONE**

Competitor will get three attempts to put the stone. The farthest put will be scored.

LW, MW, HW & MASTER	24#
WOMEN	16#

**AXLE PRESS FOR REPS – CLEAN ONCE**

Competitors will have 60 sec. to press as many reps as possible. 2” unknurled axles will be used.

Continental allowed but no build-up(towel, etc.) of belt allowed. Competitors must not drop the weight.

Wait for the down command, on each rep, to receive a good lift.

MASTER	200#
LW	220#
MW	240#
HW	260#
Women	105#

**WEIGHT FOR DISTANCE**

Competitor will get three attempts to throw the weight. The farthest throw will be scored.

LW, MW, HW & MASTER	28#
WOMEN	16#

**TIRE FLIP**

Competitors will have 60 sec. to flip the tire 60’. Fastest time wins. If the course is not finished, a measurement will be taken for your score. Chalk and gorilla grip allowed.

LW & MASTER	500#
MW & HW	600#
WOMEN	300#

**WEIGHT FOR HEIGHT**

Competitor will get three attempts at each height attempted to throw the implement over the bar. The highest throw over the bar will be scored.

LW & MASTER	42#
MW & HW	56#
WOMEN	28#

**KEG CARRY/LOAD**

Competitor will have 60 seconds to load 3 kegs over a bar (we will use yokes). Kegs will be set 20’ away from yokes, and must be carried and loaded over yoke bar. Gorilla grip, chalk and belt allowed.

LW & MASTER	to 48”	200#, 220#, 250#
MW & HW	to 48”	250#, 270#, 290#
WOMEN	to 45”	100#, 130#, 150#