

LIFT FOR HOPE HIGHLANDER

(North American Highlander Association, Inc. Membership Required of all Competitors)

PROMOTER: PHIL STEVENS
DATE: OCTOBER 17, 2009
TIME: 9:00 A.M.
LOCATION: GILBERT CIVIC CENTER
50 E. CIVIC CENTER DR.
GILBERT, AZ 85296
WEIGH-INS: 4 P.M. – 6 P.M. FRIDAY NIGHT, 7:30 A.M. DAY OF CONTEST
RULES: 8:00 A.M.
DIVISIONS: LW(200 AND BELOW), MW(201 LB.-250LB.), HW(251 LB. AND ABOVE), MASTER, WOMEN

EVENTS:

1. 12" MAX. LOG PRESS – 3 ATTEMPTS
 2. OPEN STONE – LW, MW, HW, MASTER 16# - 22#, WOMEN 8# -12#
 3. TIRE FLIP – LW & MASTER 300#, MW & HW 600#, WOMEN 300#
 4. WEIGHT FOR DISTANCE – LW & MASTER 42#, MW & HW 56#, WOMEN 28#
- EVENTS SUBJECT TO CHANGE WITHOUT NOTICE - (EVENT DETAILS BELOW)

AWARDS: AWARDS FOR 1ST- 3RD IN EACH DIVISION
ENTRY FEES: \$35
ENTRY DEADLINE: MUST BE POSTMARKED BY OCTOBER 10, 2009

MAKE ALL CHECKS PAYABLE TO: PHIL STEVENS
3365 SW MEADOWVIEW CT.
GILBERT, AZ 85298
EMAIL/PHONE NUMBER:
PHIL@LIFT4HOPE.ORG
623-670-8061

ENTRY FORM

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against the Lift for Hope Highlander, Phil Stevens, North American Highlander Association, Inc., any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the Lift for Hope Highlander and its related events, I hereby grant **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to **North American Highlander Association, Inc.** and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

NAME: _____ **AGE:** _____
ADDRESS: _____ **CITY:** _____
STATE: _____ **ZIP:** _____ **PHONE:** _____ **DATE OF BIRTH:** _____
DIVISION: _____ **WEIGHT CLASS:** _____ **HT:** _____
SIGNATURE: _____
(PARENT OR GUARDIAN SIGNATURE REQUIRED IF CONTESTANT IS UNDER 18 YEARS OF AGE)

NORTH AMERICAN HIGHLANDER ASSOCIATION, INC.
WWW.NAHIGHLANDER.COM

EVENTS AND RULES:

12" LOG PRESS FOR MAX.

Competitors will have 30 sec. to complete each lift. Continental allowed but no build-up(towel, etc.) of belt allowed. Competitors will get three attempts. Competitors must not drop the weight. Wait for the down command to receive a good lift. Heaviest lift wins.

OPEN STONE

Competitor will get three attempts to put the stone. The farthest put will be scored.

LW, MW, HW & MASTER	16# - 22#
WOMEN	8# - 12#

TIRE FLIP

Competitor will have 60 sec. to flip the tire 75'. Fastest time or distance wins.

LW & MASTER	300#
MW & HW	600#
WOMEN	300#

WEIGHT FOR DISTANCE

Competitor will get three attempts to throw the implement. The farthest throw will be scored.

LW & MASTER	42#
MW & HW	56#
WOMEN	28#